

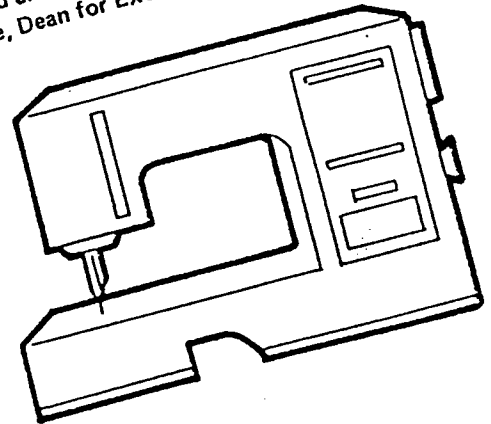
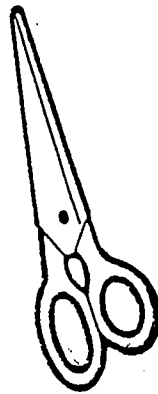
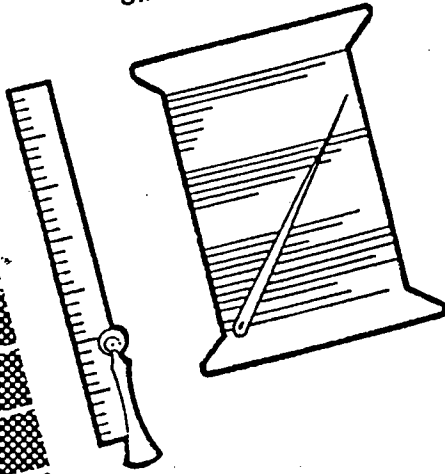
NAME _____
CLUB _____

4H 221

4-H CLOTHING CONSTRUCTION

Girls Level 1

Florida Cooperative Extension Service / Institute of Food and Agricultural Sciences
University of Florida, Gainesville / John T. Woeste, Dean for Extension



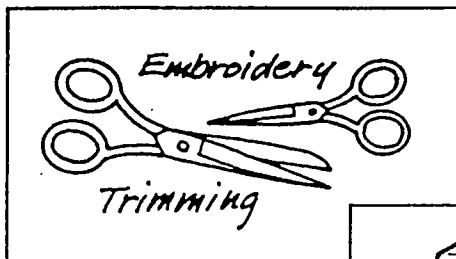
4-H Clothing Construction - Girls - Level 1

Use...

Cotton or cotton-like fabrics that are firm

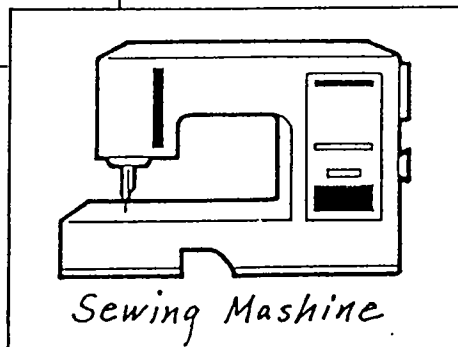
Make at least one...

Tote bag
Apron
Simple poncho
Popover skirt



Make at least one...

Simple skirt
Simple nightgown
Simple blouse or shirt
Half-slip
Swimsuit coverup

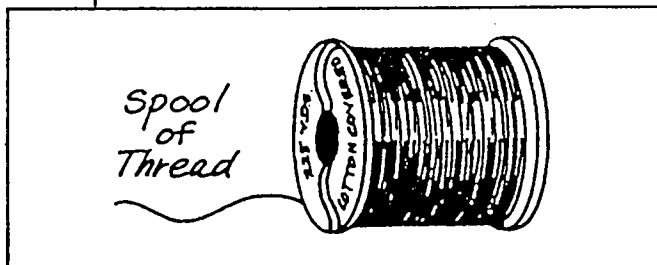
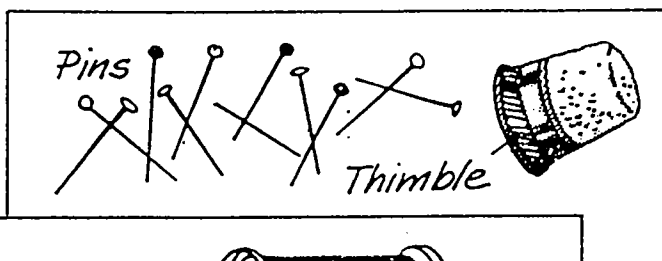


Study...

Different cotton and cotton-blend fabrics
Basic weaves (fabric construction)

Learn and do at least two new construction techniques...

Use basic sewing tools
Use and care for sewing machine
Press cotton and cotton-like fabrics
Make simple seams and seam finishes
Use elastic in a casing
Select fabric
Do simple hand stitches
Straighten fabric
Measure, cut and mark accurately
Identify grain in woven fabrics
Hem by hand and machine
Baste
Preshrink fabric
Construction press
Use a press cloth

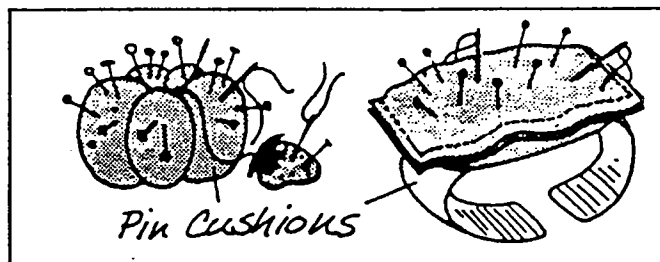


Show and tell...

At least one other person

Give...

At least one demonstration



Before you move on to the next level of 4-H Clothing Construction - Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Project Report

Year _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____ Year in 4-H _____ Year in Clothing _____

Attach additional pages, if needed

Garments Made	Fabric	Fiber Content	Date Completed	Cost	Savings
---------------	--------	---------------	----------------	------	---------

1. _____

2. _____

What did you learn on Garment 1? _____

Garment 2? _____

What sewing equipment did you learn to use? _____

What did you learn about cotton or cotton-like fabrics? _____

How did you help others? _____

What demonstrations and/or exhibits did you give?

Title	Where	Date
-------	-------	------

4-H Story - Write a short paragraph about the things you learned, your problems, and what was the most fun about your clothing construction project.

Pictures and Fabric Samples - Attach a snapshot of your garments and fabric samples. Also, include other snapshots that relate to this project.

Construction Samples - Attach a sample seam.

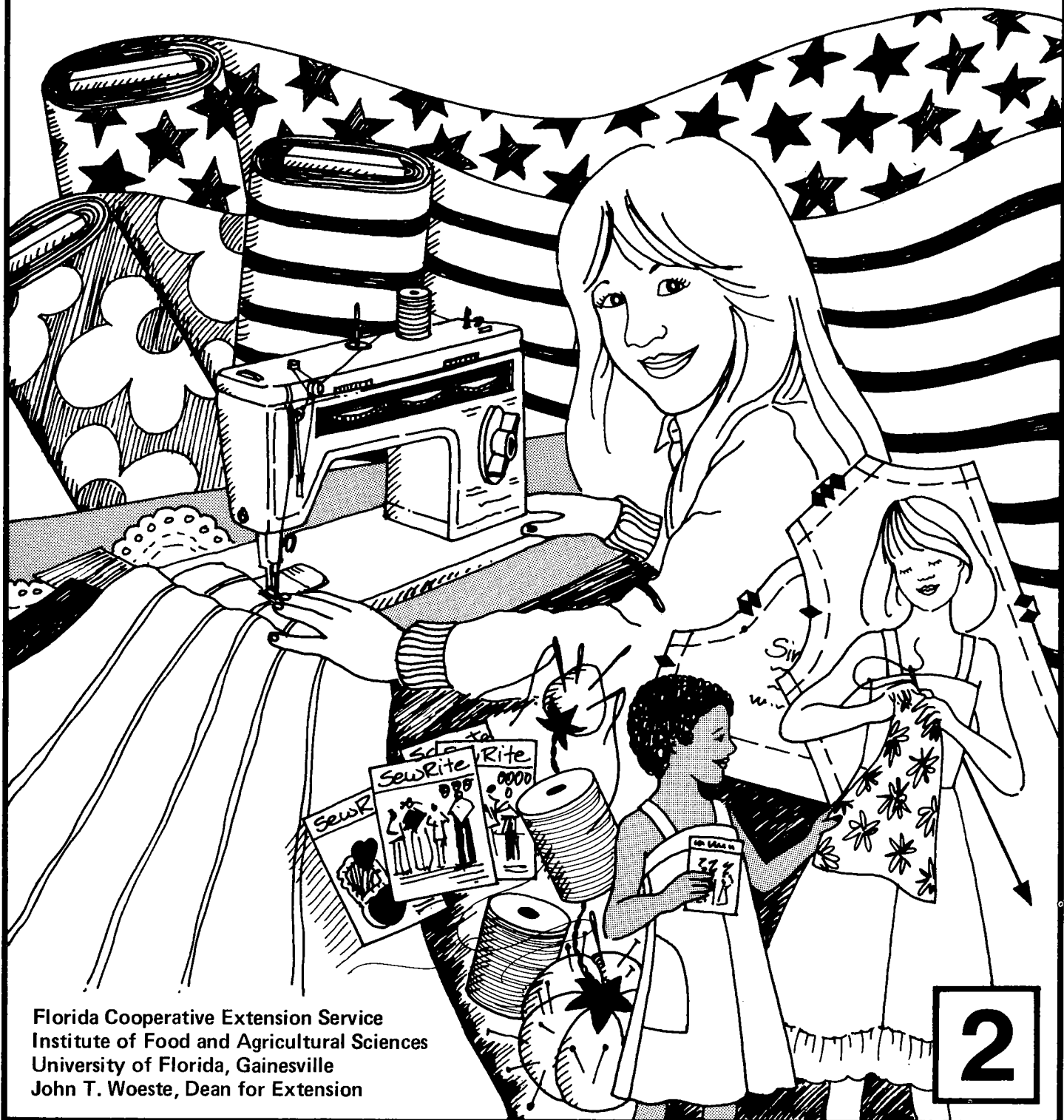
Prepared by Nadine Hackler, Professor, Extension Clothing Specialist. Revised June 1988

This publication was produced at a cost of \$110.94, or 7.5 cents per copy, to teach 4-H members how to make clothing. 11-1,470-89

COOPERATIVE EXTENSION SERVICE, UNIVERSITY OF FLORIDA, INSTITUTE OF FOOD AND AGRICULTURAL SCIENCES, G.L. Zachariah, director, in cooperation with the United States Department of Agriculture, publishes this information to further the purpose of the May 8 and June 30, 1914 Acts of Congress; and is authorized to provide research, educational information and other services only to individuals and institutions that function without regard to race, color, sex, age, handicap or national origin. Single copies of extension publications (excluding 4-H and youth publications) are available free to Florida residents from county extension offices. Information on bulk rates or copies for out-of-state purchasers is available from C.M. Hinton, Publications Distribution Center, IFAS Building 664, University of Florida, Gainesville, Florida 32611. Before publicizing this publication, editors should contact this address to determine availability.



4-H Clothing for Girls



Florida Cooperative Extension Service
Institute of Food and Agricultural Sciences
University of Florida, Gainesville
John T. Woeste, Dean for Extension

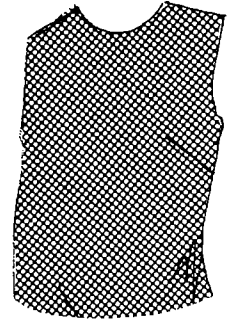
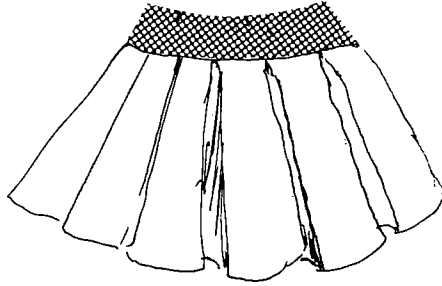
4-H Clothing II

Use

Cotton or cotton-like fabrics that are firm

Make At Least Two

Skirt of any design
Top of any kind
Pants of any length
Simple dress
Jumper

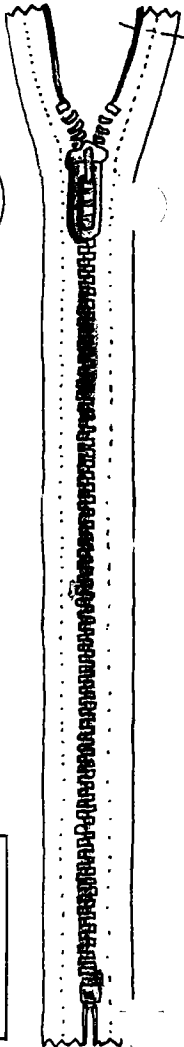
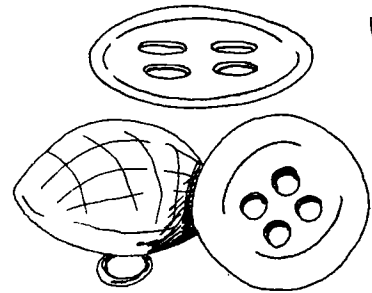
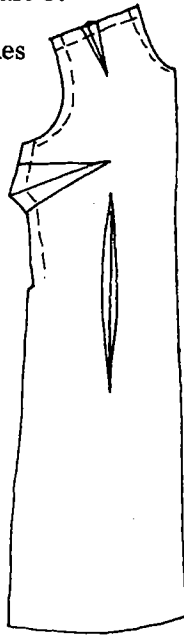


Study

And identify different cotton fabrics and cotton blends. List their name, fiber content, weave, hand, texture, and design. Do at least 5.

Learn At Least Three New Construction Techniques

To select and use a commercial pattern
To follow a layout
To cut and mark fabric
To stay stitch
To use interfacing
To stitch and press darts
To put in a zipper
To make gathers
To make pleats
To attach a waistband
To apply snaps
To apply hooks and eyes
To hem a flared skirt
To clean-finish
To sew on buttons
To preshrink notions



Show and Tell

At least one other person

Give

At least one demonstration

Dear 4-H'er:

Before you move on to the next level of 4-H Clothing for Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you will stay on one level two years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Project Report

Year _____

NAME _____

Route or
Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____

Years in 4-H _____ Years in Clothing _____

Attach additional pages, if needed

Garments Made	Fabric Name	Fiber Content	Date Finished	Cost
1.				
2.				
3.				

What Did You Learn On

Garment 1

Garment 2

Garment 3

What new sewing equipment did you learn to use?

What did you learn new about cotton and cotton-like fabrics?

How did you help others?

What Demonstrations and Exhibits Did You Give?

Title	Where	Date

4-H Clothing Story -- Write a short story about your problems, the things you learned, and what was the most fun about your clothing project.

Pictures and Fabric Samples -- Attach a snapshot of your garments and fabric samples

Construction Sample -- Attach a zipper -- lapped application.

Prepared by: NADINE HACKLER
Clothing Specialist

This publication was promulgated at a cost of \$311.98, or 6.2 cents per copy, to teach 4-H youth how to make clothes. 7-5M-81

COOPERATIVE EXTENSION SERVICE, UNIVERSITY OF FLORIDA, INSTITUTE OF FOOD AND AGRICULTURAL SCIENCES, K. R. Tefertiller, director, in cooperation with the United States Department of Agriculture, publishes this information to further the purpose of the May 8 and June 30, 1914 Acts of Congress; and is authorized to provide research, educational information and other services only to individuals and institutions that function without regard to race, color, sex or national origin. Single copies of Extension publications (excluding 4-H and Youth publications) are available free to Florida residents from County Extension Offices. Information on bulk rates or copies for out-of-state purchasers is available from C. M. Hinton, Publications Distribution Center, IFAS Building 664, University of Florida, Gainesville, Florida 32611. Before publicizing this publication, editors should contact this address to determine availability.



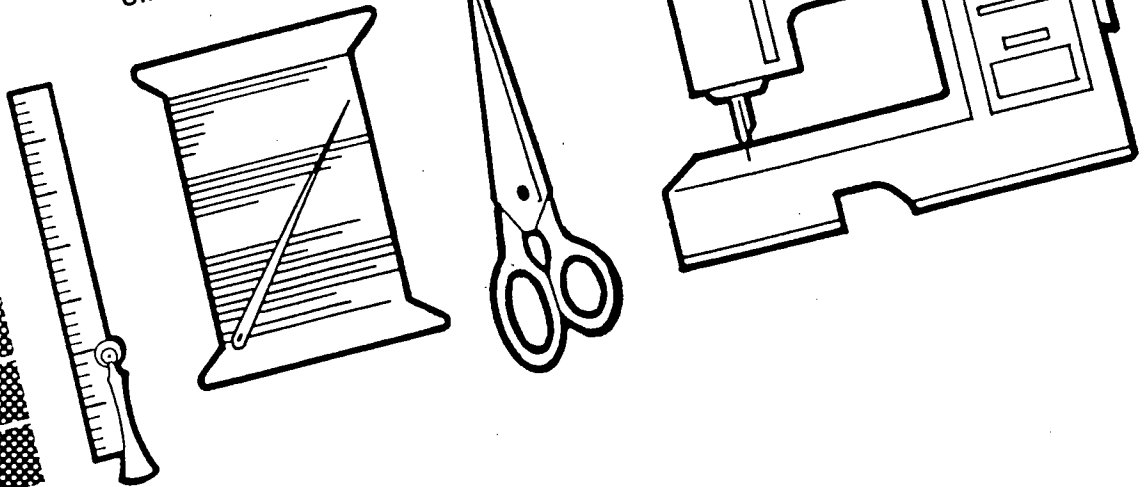
NAME _____
CLUB _____

4H 223

4-H CLOTHING CONSTRUCTION

Girls Level 3

Florida Cooperative Extension Service / Institute of Food and Agricultural Sciences
University of Florida, Gainesville / John T. Woeste, Dean for Extension



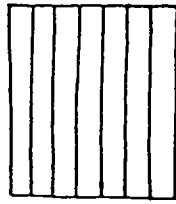
4-H Clothing Construction - Girls - Level 3

Use...

- A napped fabric such as corduroy
- A firm knit
- A suitable fabric of your choice

Make at least two...

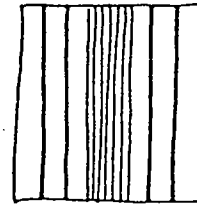
- Dress with collar and/or sleeves
- Pantsdress or jumpsuit
- Skirt and top of any kind
- Pants and top of any kind
- Jumper and top of any kind
- Pajamas or nightgown
- Slip and panties



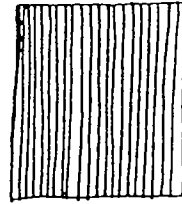
Wide wale



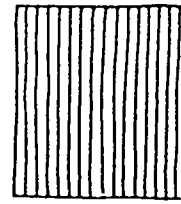
Cordless



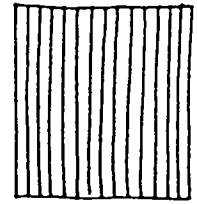
Thick and Thin



Finewale



Pinwale



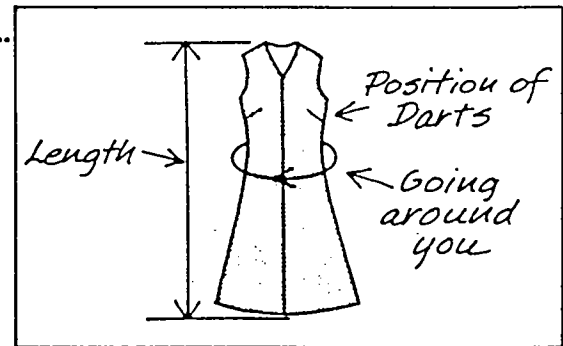
Midwale

Study...

- Labeling of fabrics
- Effects of directional stitching on different fabrics
- How to construction press different fabrics

Learn and do at least three new construction techniques...

- Organize sewing tools and construction steps
- Improve construction skills
- Select becoming patterns and fabric
- Follow a guide sheet
- Make simple alterations
- Work with a napped fabric
- Work with a knit fabric
- Attach a collar
- Set-in sleeves
- Apply fitting principles to your garments to grade enclosed seams
- Understitch
- Apply patch pockets
- Adjust tension and pressure on the sewing machine

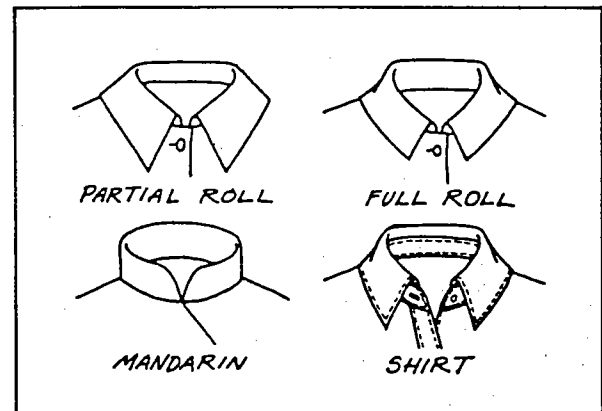


Show and tell...

- At least one other person

Give...

- At least one demonstration



Before you move on to the next level of 4-H Clothing Construction - Girls, you should complete all of the construction technique requirements listed above. In most cases, this means you may stay in one level 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Project Report

Year _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____ Year in 4-H _____ Year in Clothing _____

Attach additional pages, if needed

Garments Made, Repaired, Altered, Recycled	Fabric Name	Fiber Content	Date Completed	Cost	Savings
--	-------------	---------------	----------------	------	---------

1. _____

2. _____

3. _____

4. _____

What did you learn on

Garment 1? _____ Garment 3? _____

Garment 2? _____ Garment 4? _____

What sewing equipment did you learn to use?

What did you learn about working with corduroy?

What did you learn about working with firm knits?

What techniques do you need to improve?

What demonstrations and/or exhibits did you give?

Title	Where	Date

How did you help others?

4-H Clothing Story - Write a short story about the things you learned, your problems, and what was the most fun about your clothing construction project.

Pictures and Fabric Samples - Attach a snapshot of your garments and fabric samples. Also, include other snapshots that relate to this project.

Construction Samples - Attach a sample of a collar that has been graded and understitched.

Prepared by Nadine Hackler, Professor, Extension Clothing Specialist. Revised June 1988

This publication was produced at a cost of \$240.40, or 24.0 cents per copy, to teach 4-H members how to make clothing. 8-1M-88

COOPERATIVE EXTENSION SERVICE, UNIVERSITY OF FLORIDA, INSTITUTE OF FOOD AND AGRICULTURAL SCIENCES, K.R. Tefertiller, director, in cooperation with the United States Department of Agriculture, publishes this information to further the purpose of the May 8 and June 30, 1914 Acts of Congress; and is authorized to provide research, educational information and other services only to individuals and institutions that function without regard to race, color, sex, age, handicap or national origin. Single copies of Extension publications (excluding 4-H and Youth publications) are available free to Florida residents from County Extension Offices. Information on bulk rates or copies for out-of-state purchasers is available from C.M. Hinton, Publications Distribution Center, IFAS Building 664, University of Florida, Gainesville, Florida 32611. Before publicizing this publication, editors should contact this address to determine availability.



NAME _____
CLUB _____

4H 224

4-H CLOTHING CONSTRUCTION

Girls Level 4

Florida Cooperative Extension Service / Institute of Food and Agricultural Sciences
University of Florida, Gainesville / John T. Woeste, Dean for Extension



4-H Clothing Construction - Girls - Level 4

Use...

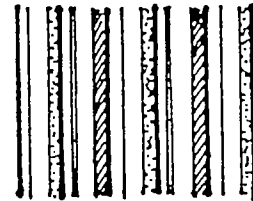
- A fabric that requires matching--stripe or large design
- A single knit
- A suitable fabric of your choice

Make at least three outfits...

- Dress - one or two pieces
- Jumper and blouse
- Pants and top of any kind
- Skirt and top of any kind
- Bathing suit and coverup
- Active wear
- Unlined jacket and skirt or pants
- Pullover shirt with skirt or pants
- Pajamas and robe
- Nightgown and robe



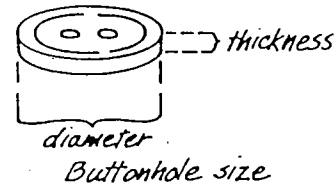
EVEN-VERTICAL



UNEVEN-VERTICAL

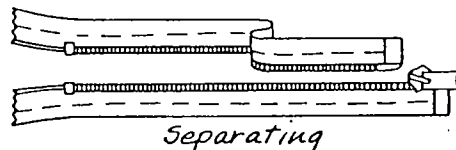
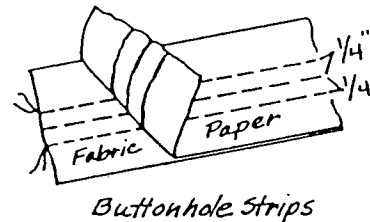
Study...

- Working with stripes and large designs
- Selecting appropriate accessories
- Using and coordinating trims



Learn and do at least four new construction techniques...

- Machine and hand sew more carefully
- Use pressing equipment
- Make machine and/or hand-worked buttonholes
- Match stripes and/or large designs
- Stabilize seams by taping
- Finish seams
- Underline a garment
- Topstitch
- Make pattern alterations for a good fit
- Work with single knits
- Put in a zipper by new method
- Select suitable interfacings and linings for different fabrics
- Learn more about the sewing machine - new stitches and/or new attachments
- Make notched collars
- Apply trim
- Do different hem finishes
- Use fusible interfacings

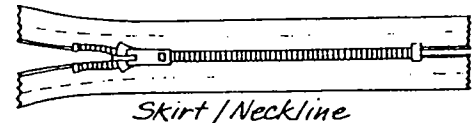


Show and tell...

- At least one other person

Give...

- At least one demonstration



Before you move on to the next level of 4-H Clothing Construction - Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Project Report

Year _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____ Year in 4-H _____ Year in Clothing _____

Attach additional pages, if needed

Garments Made, Repaired, Altered, Recycled	Fabric Name	Fiber Content	Date Completed	Cost	Savings
--	-------------	---------------	----------------	------	---------

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

What did you learn on
Garment 1? _____ Garment 4? _____

Garment 2? _____ Garment 5? _____

Garment 3? _____ Garment 6? _____

What sewing equipment did you learn to use?

What did you learn about matching stripes and/or large designs?

What did you learn about working with single knits?

What techniques do you need to improve?

What demonstrations and/or exhibits did you give?

Title	Where	Date

How did you help others?

4-H Clothing Story - Write a short story about the things you learned, your problems, and what was the most fun about your clothing construction project. Include how your participation in the project contributed to your personal growth, management abilities, consumer habits, creativity and leadership.

Pictures and Fabric Samples - Attach a snapshot and fabric sample of your garments. Also, include other snapshots that show other activities in this project..

Construction Samples - Attach three different hem finishes and three different hemming stitches. Be sure they are on the appropriate fabric.

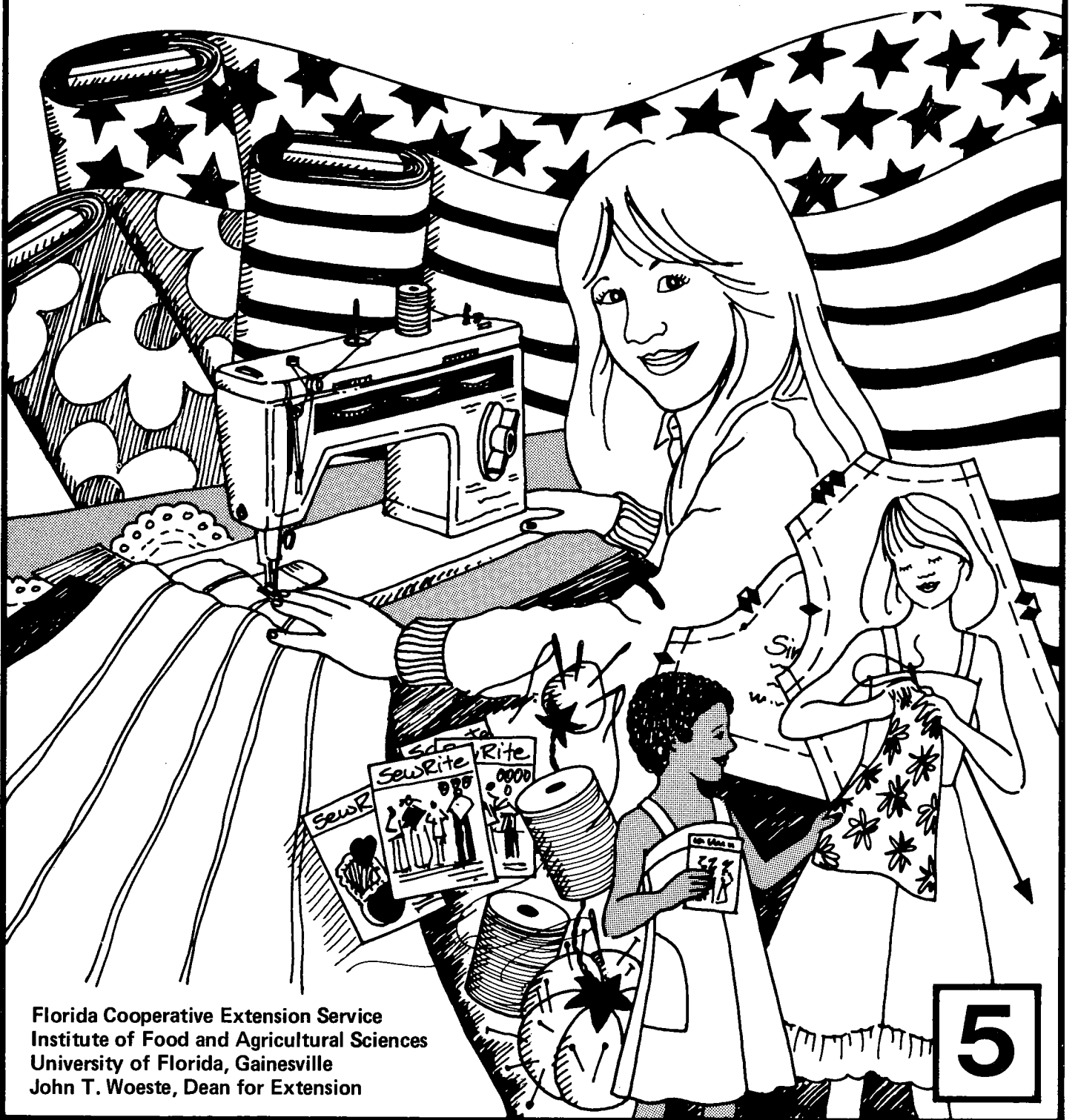
Prepared by Nadine Hackler, Professor, Extension Clothing Specialist. Revised June 1988

This publication was produced at a cost of \$212.70, or 43.0 cents per copy, to teach 4-H members how to make clothing. 8-500-88

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4-H Clothing for Girls



Florida Cooperative Extension Service
Institute of Food and Agricultural Sciences
University of Florida, Gainesville
John T. Woeste, Dean for Extension

4-H Clothing V

Use

- A plaid fabric
- A "silk-feel" fabric
- A two-way stretch fabric
- A wool or wool-like fabric
- A suitable fabric of your choice

Make At Least Three Outfits, one of which is for a child

- Semi-tailored garment
- Party dress
- Child's garment or Layette
- Lingerie or sleepwear
- Bathing suit and coverup
- Sports outfit
- Garment with suitable pattern for fabric

Study

- An item of clothing in relation to quality and price
- Working with plaids
- Working with two-way stretch fabrics

Learn and Do At Least Five New Construction Techniques

- To improve construction skills
- To make bound buttonholes
- To hand-pick a zipper
- To line a garment
- To cover buttons
- To cover snaps
- To make thread eyes and belt loops
- To reinforce an all-in-one sleeve
- To make ruffles
- To use cording
- To sew on "party" fabrics
- To match plaids
- To work with two-way stretch
- To applique
- To miter corners
- To make cuffs
- To make a continuous bound placket
- To learn different seams, seam finishes, and seam treatments
- To cover buckles and belts

Show and Tell

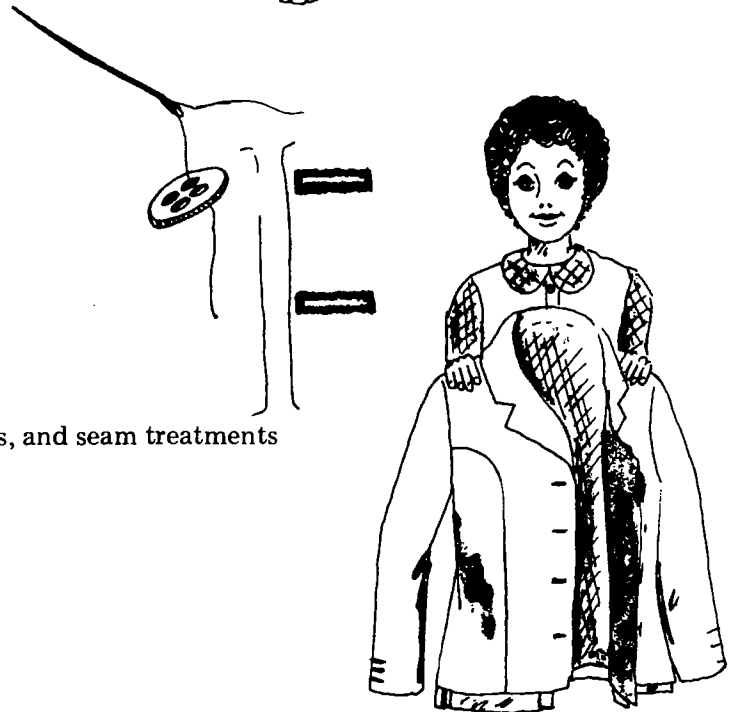
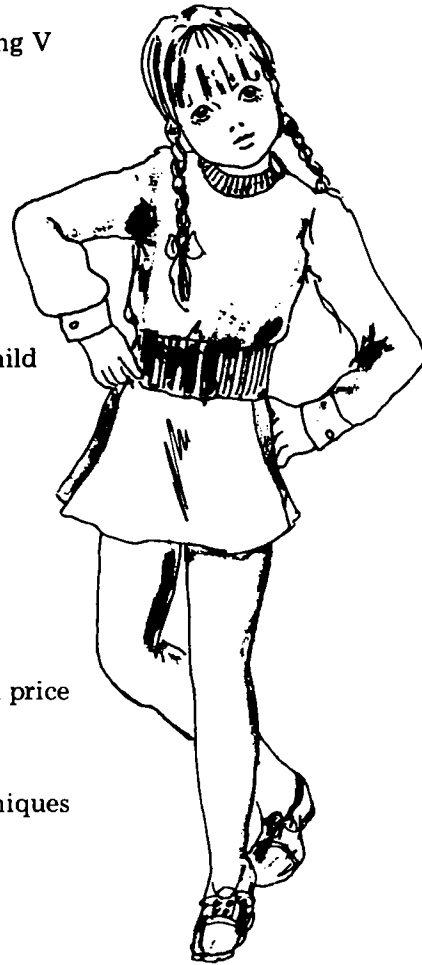
- At least three other people

Give

- At least one demonstration

Dear 4-H'er:

Before you move on to the next level of 4-H Clothing for Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you will stay on one level two years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.



Project Report

Year _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____

Year in 4-H _____ Year in Clothing _____

.....
.....

Attach additional pages, if needed.

Garments Made	Fabric	Fabric Content	Date Finished	Cost
1.				
2.				
3.				
4.				
5.				
6.				

What did you learn on

Garment 1

Garment 2

Garment 3

Garment 4

Garment 5

Garment 6

What new sewing equipment did you learn to use?

What did you learn about matching stripes and/or large designs?

What did you learn about working with single knits?

What do you need to improve?

What did you learn about working with wool or wool-like fabrics?

What did you learn about sewing for children?

What do you need to improve?

What demonstrations and/or exhibits did you give?

Title	Where	Date

How did you help others?

4-H Clothing Story--Write a short story about your problems, the things you learned, and what was the most fun about your clothing project. How has your participation in the clothing project contributed to your personal growth, management abilities, consumer habits, creativity, and leadership?

Pictures and Fabric Samples--Attach a snapshot and fabric sample of each of your garments.

Construction Samples--Suitable seam and hem finishes for a wool or wool-like garment, a "silk-feel" garment, a two-way stretch garment, and a baby's garment.

Prepared by: NADINE HACKLER
Clothing Specialist

This publication was printed at a cost of \$144.60, or 9.6 cents per copy, to teach 4-H youth how to make clothing. 8-1.5M-80



4-H Clothing for Girls



Florida Cooperative Extension Service
Institute of Food and Agricultural Sciences
University of Florida, Gainesville
John T. Woeste, Dean for Extension

4-H CLOTHING VI

Use

Suitable fabrics for designs

Make

Three outfits, which you have "changed" from a commercial pattern.

One garment should reflect the current fashion trend.

One garment should be copied from a picture or sketch of a ready-to-wear outfit.

Study

Current fashion trends of line, design, color, and accessories.

Fitting and alterations of patterns.

Learn and Do at Least Six New Construction Techniques

To make simple design changes to commercial patterns

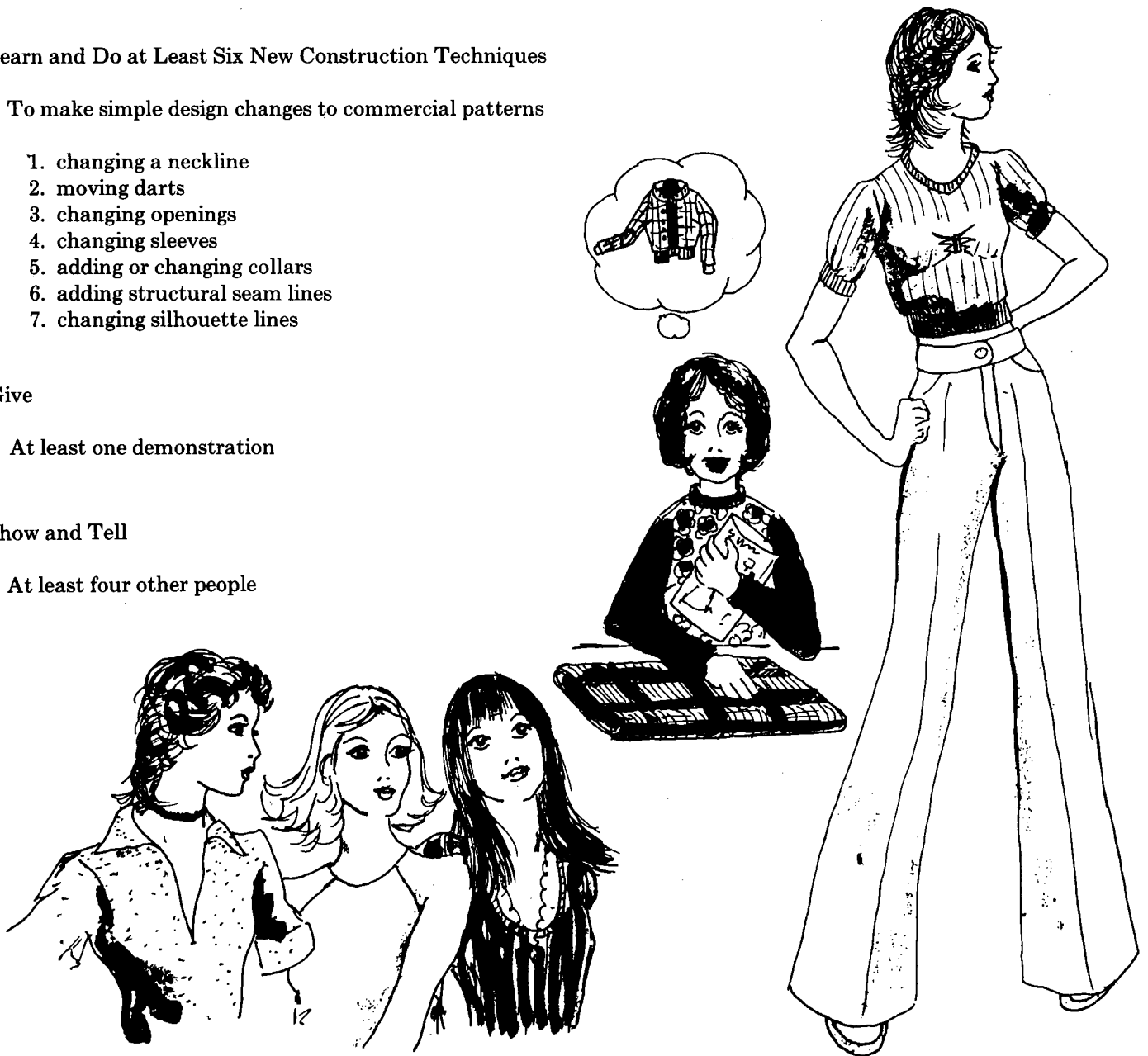
1. changing a neckline
2. moving darts
3. changing openings
4. changing sleeves
5. adding or changing collars
6. adding structural seam lines
7. changing silhouette lines

Give

At least one demonstration

Show and Tell

At least four other people



PROJECT REPORT
YEAR _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____

Year in 4-H _____ Year in Clothing _____

=====

Attach additional pages, if needed.

Garments Made	Fabric Name	Fabric Content	Date Finished	Cost
1.				
2.				
3.				
4.				
5.				
6.				

What did you learn?

Garment 1

Garment 2

Garment 3

Garment 4

Garment 5

Garment 6

What sewing equipment did you learn to use?

What did you learn about designing of garments?

Where do you need to improve?

What demonstrations and/or exhibits did you give?

Title	Where	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

How did you help others?

4-H Clothing Story—Write a short story about your problems, the things you learned and what was the most fun about your clothing project. How has your participation in the clothing project contributed to your personal growth, management abilities, consumer habits, creativity and leadership?

Pictures and Fabric Samples—Attach a snapshot and fabric sample of each of your garments.

Construction Sample—Decorative finish using binding, lace or other trim.

Attach an Example—Of the “before and after” of one of your design changes (sketch with explanation).

Prepared by: Nadine Hackler, Associate Professor and Extension Clothing Specialist

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